

SPRING SEMESTER 2019



IÉSEG INTERNATIONAL CLUB LILLE

A GUIDE TO ALL THINGS LILLE



Prepared by
IESEG International



Idea of our
Josephine B.

Table of Contents

- 03** Foreword
- 04** Daily Survival
La Bise, Vous or Tu, Food, Beer, Going Out
- 13** Les gens qui pèsent (French people are heavy)
- 15** Music
- 17** Films
- 21** Youtube
- 23** Apps to get around
- 24** Important Dates
Fall Semester (Sep-Dec) , Spring Semester (Jan-Jun)
- 29** Our favourite Locations
- 30** Our team & Trips

Foreword

Welcome to Lille, in this guide you will find many things that might be able to help you get accustomed to French life here in Lille. The writers of this guide are all members or former members of the IESEG International Club in Lille.

As the International Club at IESEG, our aim is to make sure that your stay here is as wonderful as possible. Should you have any questions, please feel free to contact us on any of our social media platforms:

Website: www.internationalclublille.com

Facebook: IESEG International Club - Lille

Instagram: [internationalclublille](https://www.instagram.com/internationalclublille)

Snapchat: [clubinter-ieseg](https://www.snapchat.com/add/clubinter-ieseg)

We thank all the members who participated in the making of this guide.

Again, welcome to IESEG School of Management, we hope your time with us is amazing!

La bise internationale,

IESEG International Club



You have just arrived in France and you are already complaining about the French Administration and strikes? Well, we can give you another reason to be upset about French people: French Greetings!

When foreigners come to France, their first question is: How should I greet someone? Hug them? Kiss them? One kiss, two kisses, three kisses???

Luckily we are here to give you tips and advice so you can master *La Bise à la Française*.

Of course, it would be too easy if there was only one simple rule (you wish hahaha). It varies whether you are a boy, a girl, if you are from the South, the North, West and East...

Faire la bise, what is it? It consists of kisses on the cheek. Actually, you are not supposed to kiss the other person's cheek with your lips. You just have to touch their cheek with your cheek. To make it even more French and realistic, add a kiss sound. Don't worry, you won't look weird, everybody does it!

So here are some situations you may meet during your stay in our beautiful country:

- You are a girl: Lucky you! You can do la bise to everybody! (except your boss)
- You are a boy: You can do la bise to girls as long as you know them or you're introducing yourself to them (don't do la bise to your teachers). When you're greeting a guy it gets a bit difficult... If he is a good friend, you can do la bise and a hug, but if you only know the person for a short period or you are not close, then a handshake will be fine
- You are the only one wearing glasses: It's okay, you can keep them and do la bise in serenity
- You are both wearing glasses: It's better if one of you takes off their glasses, you don't want to hurt each other, do you?

Easy tip: usually you do la bise to the people you say "Tu" to (check out the next chapter for more info).



You have been in France for a few days now and you are already having your first party at a French friend's house! Congratulations!

But be careful, if you arrive a bit late and there are already people in the room, you will have to do la bise to everybody! Yes, you have read that well: one by one, it might take a while but that's how it works.

Let's continue, you are at that same party and those same people are wishing you a happy birthday! They even offer you a present! Wow they are very good friends, but your mood will probably change when you realize you have to do la bise again to everybody!

Of course, make sure you start again when you are leaving your friends ;)

How many kisses?

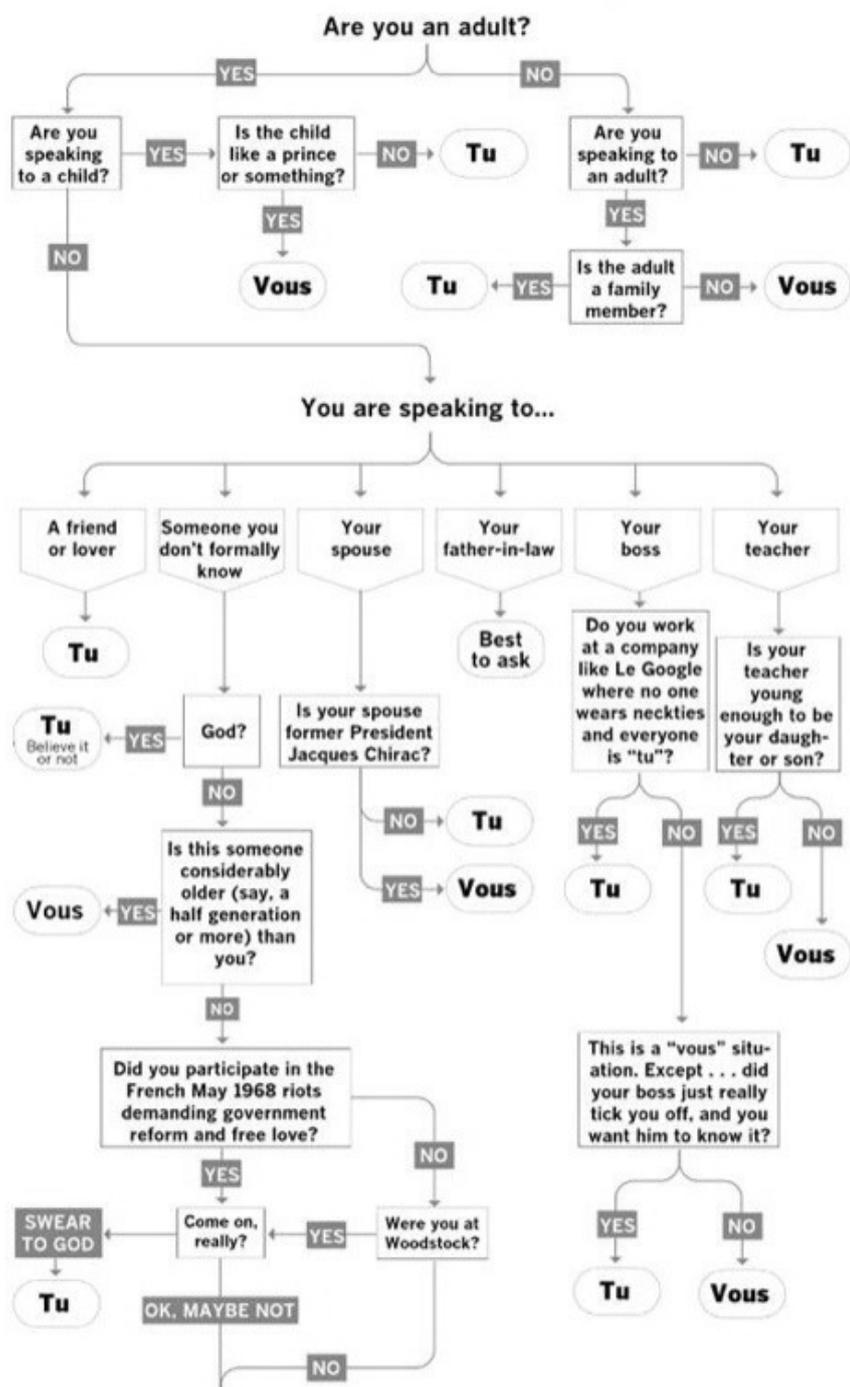
It would be too easy if you only had to kiss once, but most of the people will kiss you twice! But if you are going on a trip to South of France, make sure you do 3. If you go to the West, you can even try 4!

There is a useful website that could help you if you are lost and don't know how many bise you have to do: <http://combiendebises.free.fr/>

Now that you know everything about la bise, it's time to practice! Do you see the person right in front of you? Then go greet them and give them la bise!

Paul Taylor, an Englishman who is living in Paris has made a video where he explains everything about la bise, don't forget to check it out!

<https://www.youtube.com/watch?v=T-VWbV6TJxU>



One of the strangest things in French is Vous and Tu. This must be confusing for you as Vous and Tu simply mean YOU. But the difference is actually simple: Tu is the singular form of you and Vous is the plural form. However sometimes we can use VOUS just to talk to one person. When?

When you want to show respect to someone that you don't know well, when the person is older than you. Example: if you talk to your teacher, a waiter... (basically anyone that is older than you and that is not your friend).

In case of confusion, use Vous, the person will tell you if you can use Tu: "On peut se tutoyer". You don't have to worry that much, people usually understand that you are not a native speaker, you are not likely to offend anyone.

And for your use and entertainment here is a flowchart of when to use Vous or tu!

What and when we eat in a day



Breakfast (any time between 6am-10am)

- tea/coffee, a pain au chocolat (or "chocolatine") or cereal.

Lunch (around 12:30pm)

- sometimes accompanied with alcohol (wine: red, white or rosé or beer in the North) and bread (baguette).
The main dish is mostly composed of meat and vegetables. For students, a sandwich will do the job.
- Cheese: between the main dish and the desert, a lot of different kinds exist and is generally accompanied by salad.

Dessert

- France is known for its patisseries (pastries) but as a student, you should follow recipes so as to make delicious crepes out of flour, eggs and milk (+beer in for the North Recipe)!

Goûter (around 5pm)

- Sometimes, we can have a sweet snack around 5pm called "Goûter" to help us wait for dinner
- Yoghurt, fruit, or chocolate bar

L'Apéritif (before dinner)

- In case of a festive day, or just another excuse to drink alcohol
- Small salty snacks and alcohol before the main dish

Dinner

- Preferably lighter than lunch, it could be soup during winter!
- We usually eat around 8pm

La Baguette



La Baguette is French, it has nothing to do with that french stick you call a baguette in your local supermarket. Please don't offend us. In fact, la *baguette* is a national treasure and that's why we've dedicated an entire page to it. #noregrets

Guys. You may not know this, but there are some specific rules concerning the way you eat a baguette. I can see you going to the bakery:

“Je voudrais une baguette s’il-vous plait Madame/Monsieur”

You go outside, and you take a bite out of your straight-out-of-the-oven baguette.

This behaviour is forbidden in France. For you, just for you, I’ll tell you about the unspoken rule of baguette etiquette.

You do not bite straight out of the baguette. You need to break the bread with your hand, then you can eat it out of your hand. That’s it. Very simple, and totally logical, right?

Okay, then now I also need to tell you something. We don’t often eat plain baguette. If you ask me the best ingredient to eat a baguette with is Nutella. However, there is currently no consensus about it. Some will also tell you it’s actually cheese. You have few months to make up your mind about it though.

For more insights about boulangeries check out Paul Taylor’s video:

https://www.youtube.com/watch?v=wOl3EWowQ_c

Specialties



When coming to France, you can't only feed yourself with kebabs! The following are French specialities from France's different regions! You will need to try them at least once!

North of France

- Welsh
- Maroilles
- Carbonnade Flamande
- Potjevleesch
- Fricadelle
- M \ddot{u} les-frites

Littoral

- Seafood

Bretagne - West France

- La galette-saucisse
- Les cr \hat{e} pes
- Le Kouign-amann
- Le far breton
- Le cidre

Mountains

- Fondue
- Raclette
- Tartiflette

East of France

- Choucroute
- Quiche Lorraine

South of France

- Bouillabaisse
- Cassoulet
- Cannel \acute{e}

Courageous

- Escargots
- Cuisses de grenouilles

Non-Vegan

- Blanquette de veau
- Boeuf bourguignon

Vegan

- Ratatouille

I made you salivate, my goal is reached, now let's talk about beer



LILLE LOVES ITS BEER

As you will soon find out, Lille loves its beer. You can find your typical blonde beers in this city, but don't forget to try ALL the different types!

If you leave Lille without trying a Bière Rouge (Red Beer) you're missing out, however, depending on how attached you are to that famed masculinity, maybe Red beer isn't for you. Don't know what we mean? I guess you'll find out! Red beer's alcohol percentage is generally higher than an average blonde beer, just saying.

A pinte usually costs around 5€ on Rue Masséna, but head over to the Vieux Lille and pinte prices can go up to nearly 7€!



Apéro

Lille is one of the craziest cities to party in France, as you will soon find out.

The French way of partying is usually the following one: we start with an apéro, then we go to a bar or directly to a night club.

Let's focus on the first step: Apéro

An Apéro is the French word for pre drinks, where you basically go to a friend's house with your own drinks (it can be whatever you want) at 9-9.30pm and people start to drink (usually everyone shares what they brought), to put on music, to talk and dance and when there is no more alcohol (at 1am or later usually) we usually finish the apéro and go to a night club or a bar if some are still open.

An Apéro is the best way to warm up by playing some games such as beer pong, flip cup etc. and to get to know new people.

Usually if a French person invites you at 9pm, don't be too punctual! If you invite someone at 9pm **DON'T** expect the first person to arrive before 9:30pm

Clubs

01

The Latina Café

02

The Smile

03

The Network

04

La Boucherie

05

Le Magazine

The « Lillois » enjoy nightlife almost as much as they enjoy beer. From Thursdays to Saturdays, all the most famous clubs of the city are crawling with thousands of happy party animals. Most of the city's nightlife gathers around Massena Street, where the most popular clubs and bars are located. Among them all, the **Smile Club** is one of IÉSEG students' favourites thanks to its two atmospheres: techno/pop and 80's disco (if you're not fluent in French 80ies music there's a chance you'll be disappointed). Not far from there, the **Network** offers a great clubbing experience for those who look for a slightly fancier night. **The Latina Café** (a.k.a. International Club's back office) is a paradise for Latin music lovers. Right next to it stands **the Boucherie**, an electro/pop club. If you are looking for deep techno/house, **La Relève** is the place for you. Finally, the **Magazine Club** has been considered as Lille's techno music temple for many years, but it will cost you a fee and is quite far from the city centre (only open Fridays (techno) and Saturdays (funk/house)). No particular dress code is required to enter those places, except for special occasions. However, security might not let you in if you wear dirty joggings or t-shirts when the temperature is -1°C, we speak from experience, so you were warned!



French People that are Heavy

(FRENCH DOESN'T ALWAYS TRANSLATE VERY WELL)

Wait, they're French?

This list is all the people we are very proud of, the ones that you may have heard of, and those that will come up in many conversations with Frenchies... but did you know they were French? By the way I'm French too... winky face emoji. As I don't know how to order them, you can choose by yourself the names of the categories:

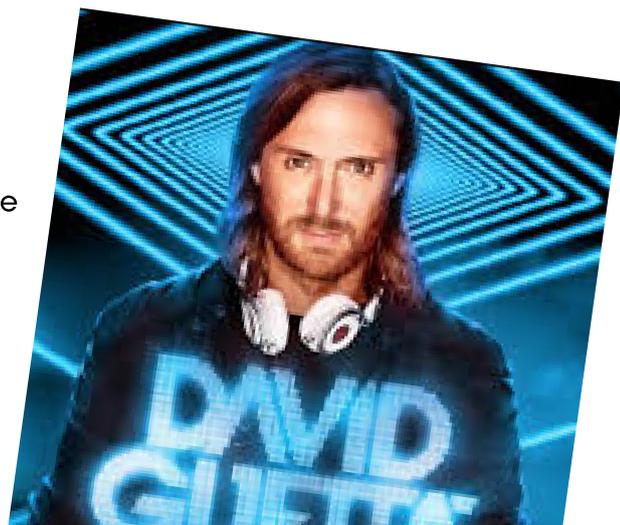
Daft Punk, David Guetta, Petit Biscuit, Dj Snake, Martin Solveig, Klingande, The Avener, Bob Sinclair, Christine and the Queens, Manu Chao, Phoenix, Lilly Wood and the Prick, Christine Lagarde (IMF Director)

Teddy Riner (most crowned Judoka of all time), Tony Parker,

Patrick Wachsberger (producer of Twilight, Hunger Games...), Luc Besson (Léon, Taken, Valerian...), Michel Gondry (Eternal Sunshine of the Spotless Mind, Be Kind Rewind...), Timothée Chalamet (Call Me by your Name, Interstellar...), Jérôme Jarre



KLINGANDE



French People that are Heavy

(FRENCH DOESN'T ALWAYS TRANSLATE VERY WELL)

Wait, they're not French?

This is a list of people that are not French, but if you ask me, they're like our cousins. So, I may not correct you when you say that they are from France. The more we can get you know...

Celine Dion, Xavier Nolan, Stromae, Lost Frequencies, Jean-Claude Van Damme...





Smile-Club Music

THE 80IES, WONDERFUL DECADE. I MEAN WE GUESS, WE WERE NOT BORN (BY THE WAY IN OUR STUDY, THE TERM 80IES IS LOOSE HERE, WE GO FROM 80IES TO EARLY 2000) ASK A FRENCH PERSON AND THEYLL PROBABLY KNOW 80% OF THE LYRICS FROM THE FOLLOWING ARTISTS AND TITLES

New-wave: Indochine (*l'Aventurier*), Daniel Balavoine, Marc Lavoine, Partenaire Particulier,
Rock: Téléphone (*New-York avec toi, Ça c'est vraiment toi*), Renaud, Jean-Jacques Goldman, Florent Pagny, Francis Cabrel (*I'm currently seated in a Café in Montreal and guess who's on ?*)

Others (It's hard to find labels okay):

Début de Soirée - Nuit de folie

Emile et Image - les Démons de Minuit

Jean-Pierre Mader - Macumba

Johnny Hallyday (rip) - Gabrielle, Allumer le feu

Renaud - Mistral Gagnant.

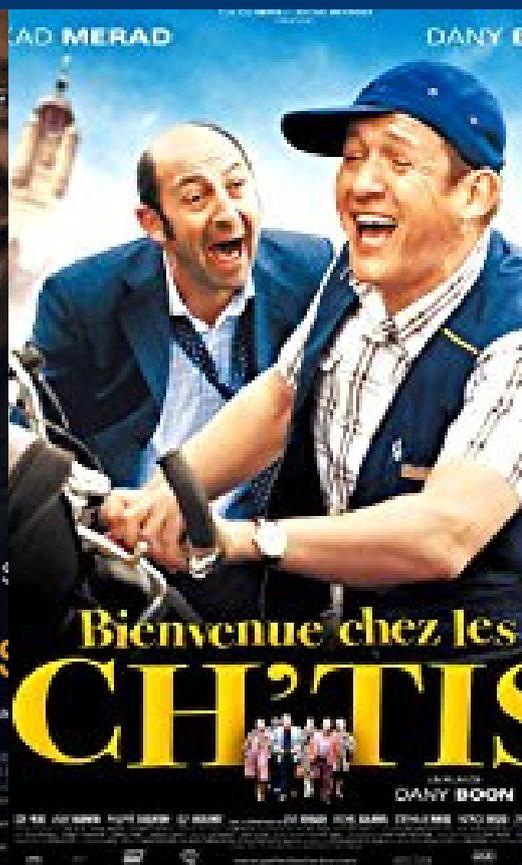
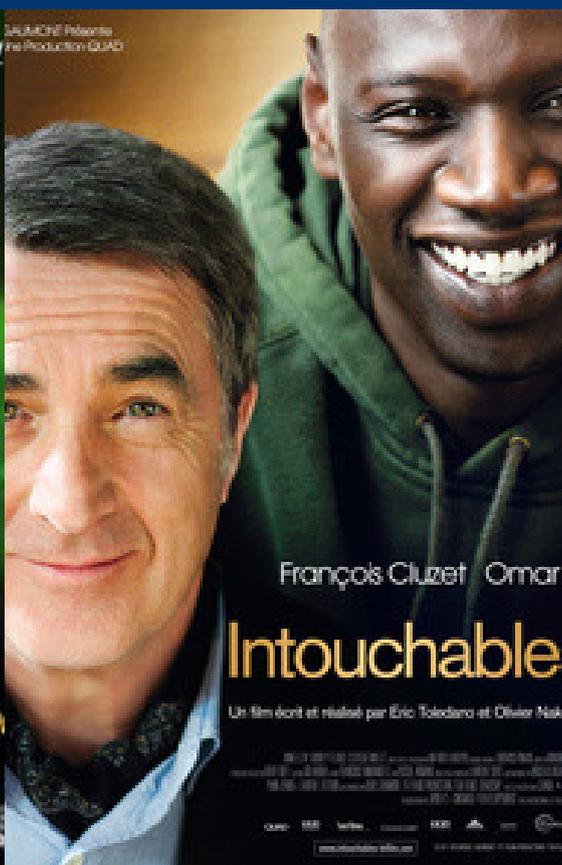
Garou et Patrick Fiori - Belle

Charles Aznavour - Emmenez-moi

Non Smile-Club Music



Famous artists to check out: BB Brunes, Boulevard des Airs, Louise Attaque, Simple Plan (they do French version guys), Mika (he also sings in French), Louane, Stromae, Bigflo & Oli, Orelsan, Nekfeu, Booba, actually I realised I don't listen to many French songs... I'll let you discover other artists by yourself. You can also look at Spotify's French top music to be amazed by our talented artists.



Classics

THIS IS A TOTALLY SUBJECTIVE LIST OF MOVIES YOU HAVE TO WATCH DURING YOUR STAY HERE. HERE IS ANOTHER REASON TO PROCRASTINATE BUT IN FRENCH.

Amélie / Le Fabuleux destin d'Amélie Poulain - The set is very nice, based in Paris. The soundtrack is good. You don't need the English subtitles, I'm French and I didn't understand this movie.

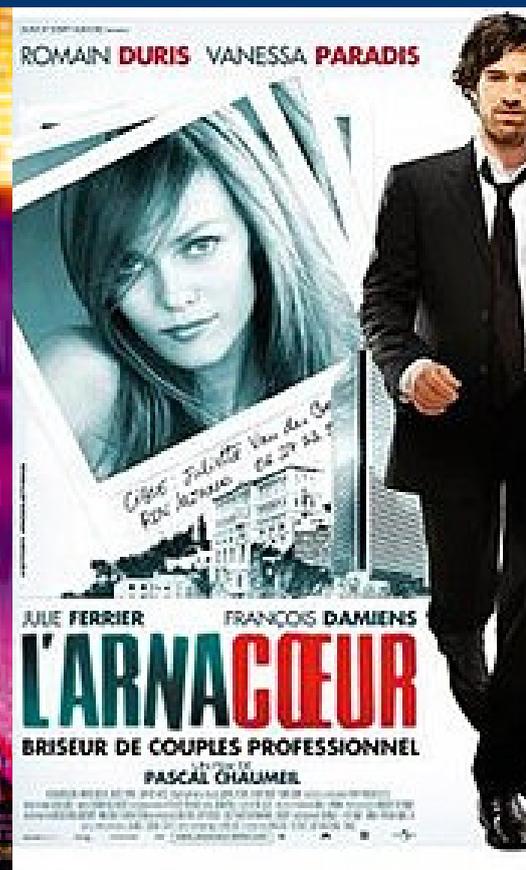
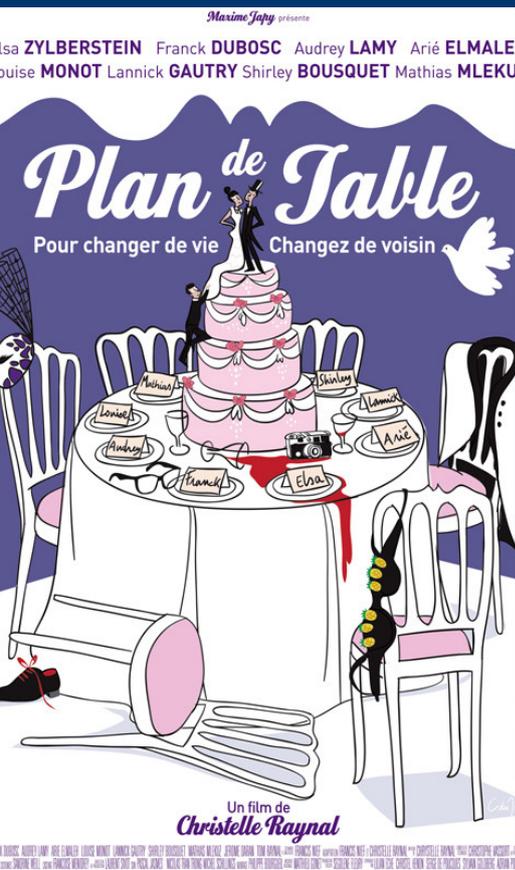
Les Choristes - Kids in a boarding institution. They sing. It's wonderful.

Intouchables - watch it before the US remake.

Bienvenue Chez les Ch'tis - A post-office worker from the South is moved to the North. He has to adapt to the new culture, new food, new language, and crappy weather. That's basically your story. Watch it. Now.

L'auberge espagnole - French guy goes on Erasmus to Spain, lives with international roommates and learns a lot about himself. Like you lol

Blue is the warmest colour / La vie d'Adèle - you know the movie.



Romance Movies

THIS IS A TOTALLY SUBJECTIVE LIST OF MOVIES YOU HAVE TO WATCH DURING YOUR STAY HERE. HERE IS ANOTHER REASON TO PROCRASTINATE BUT IN FRENCH.

Jeux d'enfants - Marion Cotillard and her future husband Guillaume Canet play the main characters <3

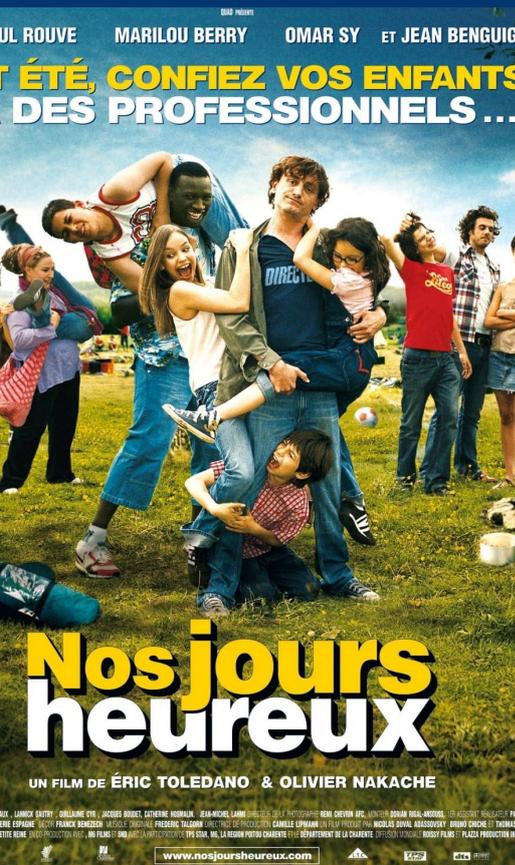
Les Petits Mouchoirs - it translates as The Little Tissues, because you'll need them at the end.

Emotifs Anonymes - two very shy people fall in love, and there is chocolate.

Plan de table - She messes with the names tags on the tables of a wedding and the story changes.

L'arnacoeur - His job is to break-up couples, but what happens when he falls in love with the girl? I'm not telling you. Nope sorry. Go watch it.

Blockbuster - Ok, I watched it 1 hour before putting on this list. I'm in love with every single character. Amazing low budget love story / super hero's movie.



Funny Movies

THIS IS A TOTALLY SUBJECTIVE LIST OF MOVIES YOU HAVE TO WATCH DURING YOUR STAY HERE. HERE IS ANOTHER REASON TO PROCRASTINATE BUT IN FRENCH.

Nos jours heureux – This is how you’ll learn to curse in French.

Les Tuches – The Tuche Family wins the lottery. They move to Monaco to live the jet set life.

Les Gamins – Thomas and his father-in-law go through their very own existential crisis

Les profs – It’s one of France’s worst high-schools, but this year, the teachers decide that all the kids will pass their Baccalauréat.

Le petit Nicolas – Nicolas is a young boy in the 60ies. He realized his mother is pregnant. Will his parents still love him when the newborn will be here?

THERE ARE 27 NATIONAL TV CHANNELS, MOST OF THEM ARE GENERALISTS.

TF1 and **France 2** are very much alike. They are the ones that your parents may watch. They have The Voice, Quiz shows, and fine movies on Sunday night.

France 3 is regional, the info changes depending of your city in France. Number 4 is a privatized channel, most of the time you'll not be able to watch it. France 5 is all about documentaries, decoration and education.

M6 (apparently the 3rd most watched television network in the French-speaking world) has a great show called "L'amour est dans le pré" or in English, Love is in the field. Lonely farmers are looking for true love.

In France, you can catch the news on most of the channels at 8pm. At 8pm you can tune in on TF1, France2, France 3, M6 and others, and have the full report of what happened in the day. There is also the 13h - which surprisingly happens at 13h.

France 2, France 4, France 4 and Arte are state-owned.

Arte (7) is a French-German network, you can catch great documentaries (in German or French).

Nrj 12 is the crème de la crème, if you ask me it is the worst of French TV, if you ask my friends they'll tell you it's the best. All of the worst/best reality TV are here. From les Anges to Les incroyables Aventures de Nabilla & Thomas en Australie, you'll find what you're looking for.

Then 13, 14, 15, 15 are boring.

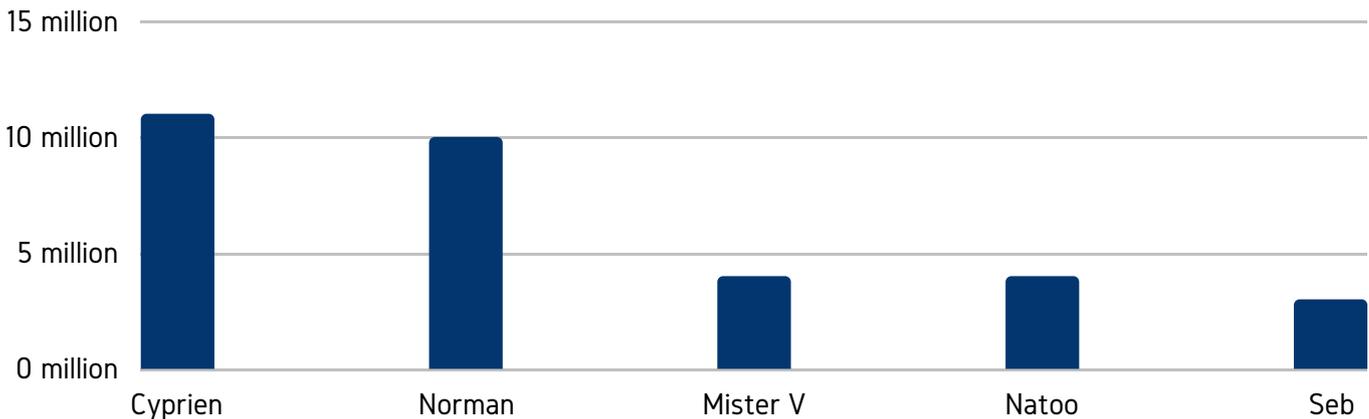
17 is mostly music video, and 18 is for your younger siblings.

Oh, and all of the shows are in French. Yes, we do have voice-over for How I met your mother. I'm very sorry.



FORGET ABOUT PEWDIEPIE WE HAVE SQUEEZIE. HE ONLY HAS 12 MILLION SUBSCRIBERS BUT HIS DOG IS CUTER THAN PEWDIEPIES.

MOST OF THE FAMOUS YOUTUBE CHANNEL IN FRANCE ARE ABOUT HUMOUR. YOU CAN FIND VERY FUNNY VIDEOS (MOST OF THEM WITH ENGLISH SUBTITLES!) ON THE FOLLOWING CHANNELS:



Cyprien (11 million of subscribers):
"L'école"
<https://www.youtube.com/watch?v=RL7grUEo960>

Norman fait des vidéos (10 million): "Luigi clash Mario"
<https://www.youtube.com/watch?v=GP7aP67qQjQ>

Mister V (4 million) - rapper / humorist : « Rap vs Reality »
<https://www.youtube.com/watch?v=1BE9wVnEink>

Natoo (4 million) - first French female youtuber yaaay : "Being on your periods"
<https://www.youtube.com/watch?v=eBfy32x4rS8>

Seb (3 million) - he reviews the worst of French music video: "Keblack - Bazardée"
<https://www.youtube.com/watch?v=qd2NzHNY5eA>

Le Rire Jaune (4 million) : « Parisians »
<https://www.youtube.com/watch?v=uM7p06pcxHQ>

Studio Bagel: "Asteroide's clash"
<https://www.youtube.com/watch?v=GGnplFK3G0Q&t=380s>

McFly & Carlito: "I am performing the Dab"
<https://www.youtube.com/watch?v=GGnplFK3G0Q&t=380s>

Palmashow, Le woop, Cyprien Gaming...

Here is a great movie made up by French Youtubers, English subtitles are available:

Les dissociés / The Nobodies
<https://www.youtube.com/watch?v=5lUBIW72qBQ&t=1617s>



Damon & Jo

Damon and Jo, two Americans that are now fluent in French (and Italian... and Spanish... and Portuguese), you can do it!

"FRENCH FILLER WORDS YOU NEED TO KNOW  
 

<https://www.youtube.com/watch?v=fvJW9MY191g>

"French Verlan for Dummies"

<https://www.youtube.com/watch?v=m75CK3O9FCU>

"How to sound cooler in French"

<https://www.youtube.com/watch?v=9TD9NmzNp9c&t=120s>

Paul Taylor

Paul Taylor is British, he lives in France and likes to make fun of our country:

What's up France:

<https://www.youtube.com/channel/UC9pVaOtZ8vdLBrIHu5xaaOA/videos>



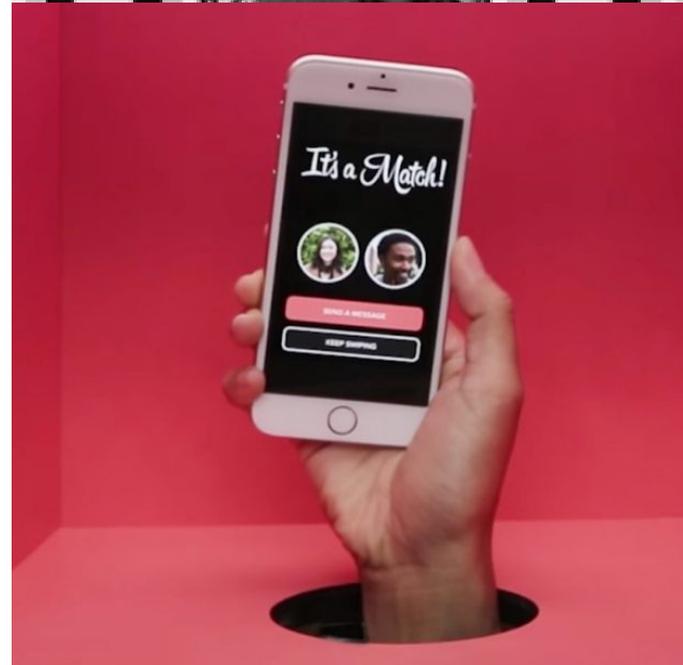
Le Monde

Download this app and you'll know all about the French news, and you'll be able to impress your French teacher.



Tinder

You know it. We love it. I'm not going to tell you what to do with it, everyone has their own way. Some use it to boost their ego, some need help on a French paper, and some are feeling lonely tonight.



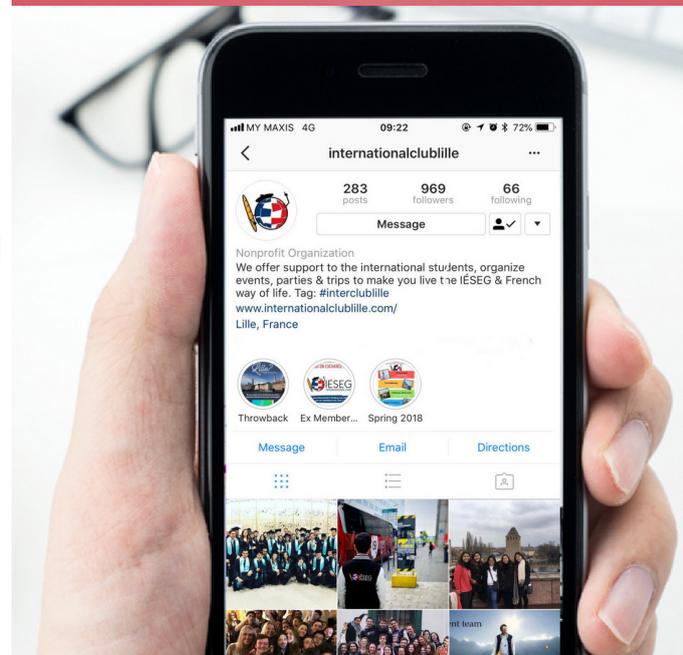
Instagram

Follow us on our Instagram - @internationalclublille
Why should you follow us? Well, it's a fun and fast way to catch up on what's going on! Every week you will know what events we have in store for you. Our stories will make you feel like you're there, and maybe you will find your drunk self in it

#drunkselfies

We love telling stories, and sharing yours as well! So, use the #interclublille and give us your perspective on your student life, life in Lille, or just the amazing photographer that you are, and give us no choice but to repost and share it with all the students!

#getfamous





At night time is when it gets the most interesting, the party is on the streets! There are 2 different ways for you to spend the night, you can either head to the Vieux Lille, at Rue Royale or to Rue Masséna, that we also like to call Rue de la Soif. Because there are so many people in Lille on that weekend, bars bring the party outside with tables and music along the crowded streets. A great way for you to go from bar to bar, meet people and dance all night long. We promise, you won't be disappointed.

Fall Semester

LA BRADERIE

You've just arrived in France for your semester abroad and Lille is already welcoming you with the best weekend of the year! La Braderie takes place on the first weekend of September, and it's something you cannot miss. It's well known because it is one of the biggest flea markets of Europe (but that's just an excuse to party for 2 days!). People from all over France and Europe come to Lille especially for the Braderie, in hope to discover fun traditions, get some great deals and discover the city's crazy nightlife. For two days, you will be able to wander the crowded (and most likely rainy) streets of Lille, walk around the many different stands of people selling many kinds of second-hand things at cheap prices (bargaining is key!). Most clothing/shoes/accessories/decorations stores are also open and offer crazy sales, so it's a great time to go shopping, if you're courageous enough to access the racks (yes, there are a looooooot of people there). If shopping is not your thing, you can always just enjoy a beer outside, listening to some live music: bars usually install tables to create big terrace areas, artists and DJs often play beside the bars. At lunchtime, you can't miss the traditional "moules frites", aka mussels and French fries: it's a tradition, on that weekend, you must try this French specialty. A lot of restaurants in the city centre serve it, there even is a competition between them to build the tallest pile of empty mussels. Anyway, la Braderie is a great occasion for you to get to know Lille at its best atmosphere: walk around, eat, drink and enjoy!





Spring Semester

LE CARNAVAL DE DUNKERQUE

From January to March, and only an hour away from Lille, the city of Dunkirk hosts its annual carnival. It is a crazy, colourful, and traditional event that attracts tens of thousands of people from all over France. It is often described as the oddest and maddest carnival of the country.

It all started in the 17th Century, when local fishermen would feast with their families before heading off to the sea to fish off the coast of Iceland for six months. The carnival was just like their departure party.

Today, festivities last 3 months, the city hosts a series of balls and parades on weekends. People dress up and march, dance and sing on the colourfully lit up streets of the town. The parades give Dunkirk a happy, family-friendly and exciting atmosphere that you cannot miss. Every Saturday night there is a grand ball. The bands or orchestras generally entertain people in the streets every Sunday afternoon.

The highlight of the Carnival week is called Shrove Tuesday, with its giant, colourful parades. The carnival-goers parade to the sound of an orchestra of sixty musicians dressed as fishermen and led by the drum major, dressed in his imperial soldier costume.

Overall, consider yourself lucky that the biggest carnival of France happens only an hour away from Lille, so you have no excuse to miss it! Head to Dunkirk for a weekend, dress up, walk and dance around town, meet people, drink and enjoy.

Janvier

13 Fort-Mardyck



Février

03 Mardyck

12 Citadelle

07 Saint-Pol-sur-Mer

13 Rosenviller

10 Basse-Ville

17 Petite-Synthe

11 Dunkerque

18 Malo-les-Bains

Spring Semester



IESEG ASSOCIATIVE CAMPAIGNS

As you may or may not know, the International Club is not the only association at IESEG! In fact, there are 3 main associations (actually there are more than that but let's not go into too much detail) that rule our student life.

First, the **BDE** (Bureau des Etudiants), it's the major one: they are in charge of integrating the first years, organizing events, parties, weekends and all kinds of fun stuff for us to have the best student life possible at IESEG.

Then, there is the **BDS** (Bureau des Sports), they organise anything related to sports, like the teams, trainings, games, competitions etc. If you play a particular sport, you can contact the member in charge of that sport to join the team. Sports at IESEG are usually free or very cheap. These guys also organize beer pong and other events.

Finally, we have the **BDA** (Bureau des Arts) which manages the artistic/cultural life at IESEG, mainly with music. They allow the small DJs and bands at IESEG to show their skills, they organize events, parties and also provide discounts for music festivals.

Spring Semester



IESEG ASSOCIATIVE CAMPAIGNS

Every year, the teams of BDE, BDS and BDA change, and for about 2 months in April and May, teams go through campaigns, like a competition to become the new team for the year. Groups of friends that are willing to take part of the associative life at IESEG form a team, of either BDE, BDS or BDA, they pick a theme, a name, a logo, a colour and they show what they want to bring to the association for the upcoming year to do better than the others.

When teams are revealed, the competition starts for 2 months, the goal is to prove what you are capable of and what you will bring to IESEG to gain as many student votes as possible. There are usually 2 BDE competing, 3 BDS and 3 BDA. So basically, what you need to remember is that for 2 months, they organise a looot of events that you can attend, parties, open bars (called crazy bars for the sake of the school's administration), free breakfasts etc.

Spring Semester



IESEG ASSOCIATIVE CAMPAIGNS

On top of that, there is the week of Rallyes (something we all look forward to each year). Rallyes have become a tradition at IESEG during the campaigns, it's an opportunity for all of us to behave like kings and queens, get what we want, whenever we want it... Basically: teams offer to bring you food, do your dishes, wash your apartment, bring you groceries, cook your dinner, give you massages... anything you can imagine, for free! They leave their numbers on Facebook and you can call to do whatever you want (and also get to know them personally), this will enable them to show their motivation to the IESEG students, to show they are better than the others, get more votes and win! Don't hesitate to take advantage of those Rallyes, it's the campaign spirit!

Moreover, the BDS and BDA also have dedicated days at IESEG. Just before the votes happen, there is the BDS day and BDA day, where all teams provide food and activities at school; very fun days! They also have to complete challenges given by the current teams, and overall, they have to show they are the best in order to win the campaigns! Most of this happens on a dedicated Facebook group so make sure you join that. So, the campaigns at IESEG is a moment that all students look forward to, it's the most fun time of the year at school, and of course you can't miss it! Make sure you go to events, take advantage of the free breakfast and the Rallyes, and discover what French students are willing to do in order to win those campaigns. (Unfortunately, exchange students cannot vote because you are not concerned about the future teams as you are only staying for a short period of time, but that doesn't mean you can't get involved!).

We couldn't finish off this guide without including our favourite things to do and places to go to in Lille! See you soon !

B

B is for Bars **PDD** (Point de départ): Beers at 5€ a pinte, situated 10 seconds from IESEG, you can find us here most days of the week, come join us for a pinte after class or before a party!

La Luck: Fun brasserie where you can eat for cheap and play board games

F

F is for Food **Vieux de la Vieille:** restaurant in Vieux Lille, where you can find the best welsh ever, don't forget to book a table, this place is always full

Chinese Restaurant (113 Rue Meurein): fast, good Chinese food for cheap, also helps when you have a hangover

Arrière Pays: Diverse food that represents the region well, prices are reasonably cheap #studentlife

The Moroccan: Want a big sandwich for 2.5€, look no further than this small shop, take a left two times from IESEG's main door (building A) and you'll be there!

La Turquoise: Going clubbing? Feeling a bit hungry after the apero? Grab a Kebab at la Turquoise before heading to the Latina;

C

C is for Clubs **The Latina Café:** free entry, Reggaeton until 6am, find us here when we don't have class the next day before 10am. Be aware of the bouncers, they won't let you in if you're visibly wasted.

S

S is for Sport **The AEU gym:** best place to work out those abs and glutes, meet other international students and club members (yes we're there every other day), also it's 2 min from IESEG and it's cheap!



INTERNATIONAL CLUB - FALL 2019



PRESIDENT

JULIETTE DENIEUIL

GENERAL SECRETARY

HUGO BROCHARD

TREASURER

PATRICK STRAUS

ACCOUNTANT

FRANÇOIS MOUTON

COMMUNICATION DEPARTMENT

JUSTINE CEBRIAN

ROMAIN BOUHERET

ANNA LAGARDE

THOMAS NAGY

MAXENCE GOURLET

TRIPS DEPARTMENT

CORENTIN MAZÉ

LOUISE BARRÉ

VICTOIRE PERRIN

ELSA VANDON

ALICE PAYAN

EVENTS DEPARTMENT

LOUIS MICHEL

ANAÏS COLLA

LOUP DE KERMEL

PAULINE LAURENT

THÉOPHILE DE JAMBLINNE

DANIELA DE STEFANO

SPONSORS DEPARTMENT

ALEX VIEVILLE

LOUIS VAST

NICOLAS ALCARAZ



Trips - Fall 2019



Oktoberfest

21 st - 22nd of January

Mont Saint Michel in Brittany

5th - 6th of October

Luxembourg

16th of November

Christmas Market in Stbourg

30th of November -
1st of December



YOUR
INTERNATIONAL
CLUB LOOKS
FORWARD TO
MEETING YOU !

SEE YOU AT THE INTEGRATION WEEK (WINE AND
CHEESE NIGHT, PARTIES, LILLE CITY TOUR AND
MANY MORE SURPRISES...)